

# FOSTER

# a HAPPY WORKPLACE

A happy team is a high-performing team. Each team member will give their all, and this has an immediate impact on productivity, innovation and customer focus. Yet despite the importance of happiness in team (and business) success, too many managers and leaders are overwhelmed by the daily fires they need to fight, meaning that happiness gets pushed to the wayside. So why exactly should you prioritise happiness in your management agenda? How can you create an atmosphere in which people bring their all? And how do you become a role model for well-being at work?

*This course describes how to prioritise happiness in yourself and your team in order to drive sustained performance. Topics covered include:*

- Assessing the level of healthy performance in your team.
- Setting a well-being framework for your team.
- Getting the mindset of a 'well-being manager'.
- Ensuring that your team members are fully committed.
- Improving your own well-being.

This course is aimed at team leaders, managers and business leaders who want to boost team performance by fostering a happy workplace.

CPD-accredited  
Category E on the Learning Programme Matrix

3,5 hours | 3 CPD points

